



**OFFICE OF MATERNAL AND CHILD HEALTH**  
FAMILY PLANNING PROGRAM

904-253-1504

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# PEER EDUCATION FOR THE SOUL

HEALTH ADVOCACY PROGRAM  
FOR TEENS AND YOUNG ADULTS





## **WHAT ARE PEER HEALTH ADVOCATES?**

Family Planning Peer Health Advocates (PHAs) are teens and young adults, ages 13-24, who serve as leaders and role models in the community. PHAs promote smart decisions about reproductive health during every day conversations with their network of friends and acquaintances.

**Our program provides training for Peer Health Advocates to increase their knowledge and skills in:**

- Anatomy & physiology
- STD/HIV prevention
- Teen pregnancy prevention
- Healthy relationships
- Peer health advocacy

## **GOALS OF PEER HEALTH ADVOCATES**

Peer health advocates help reduce teen pregnancies and the spread of STDs and HIV in Jacksonville.

**Other goals include:**

- Developing a healthier community
- Participating in activities that promote health and wellness
- Educating peers in a variety of settings such as schools, churches, health fairs, social clubs, work settings and shopping malls